

# **ST. ALOYSIUS' COLLEGE**

AUTONOMOUS JABALPUR- 482001 MADHYA PRADESH, INDIA

# **CRITERION-3**

# RESEARCH, INNOVATIONS AND EXTENSION

Key Indicator – 3.6 Extension Activities



Metric No.: 3.6.1 Outcomes of Extension Activities

**Document Name Impact of Extension Activities in Health** 



# **Impact of Extension Activities**

**3.6.1** Outcomes of extension activities in the neighbourhood community in terms of impact and sensitizing the students to social issues and holistic development

#### HEALTH

Number of programs was carried out in the year 2019-2023, under awareness and training camps on Health and Hygiene. These awareness camps made people realize the importance of sanitary sense and hygiene awareness amongst the targeted urban and rural areas. Also programs that consist of Yoga and Meditation awareness measures specially designed for socially, economically or physically challenged sections of the society has carried out, to help in improving mental and physical health of people. Swachha Bharat mission- with aim of making the surrounding areas Defecation Free Areas, the college witnessed a wide range of participation.

Under the banner of ISR the team SAMARPAN provide various health awareness and health check-up programs to the school children of our villages as well as our college campus.



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ISR	Activities	Impact
ISR Health and Hygiene	Activities      Activities     Blood Donation Camp     Free Medical Camp     Health Awareness Camp     Health Awareness Camp     Health Awareness Program on Women Issues     Awareness Programme on AIDS.     Awareness Programme for COVID     Vaccination for Polio Drops     Nasha Mukti Awareness     Cancer Awareness Programme     Workshop on Sanitizer Making Report on Free Eye Checkup Camp	Impact•JAGRUKTArally conducted to spread awareness regarding the diseases.•Fosteringan 



# **Blood Donation Camp**

Blood donation is a vital part of worldwide healthcare. It relates to blood transfusion as a lifesustaining and life-saving procedure as well as a form of therapeutic phlebotomy as a primary medical intervention. Donating blood is important because it saves lives. Blood transfusions are crucial in various medical situations, including surgeries, trauma care, cancer treatments, and for patients with certain medical conditions. Regular blood donations ensure an adequate and safe blood supply, helping meet the ongoing demand for various medical procedures. Additionally, donating blood can have positive health benefits for the donor, such as reducing the risk of certain illnesses and promoting overall well-being.

#### Outcome:

- Students come forward and donate for this noble cause.
- Enhance the availability of blood for medical emergencies.

Session	No. of Units Collected	Association with Organization
		/Hospital
2019-2020	237 Units	Elgin Hospital and Government
		Medical College
2022-2023	300 Units	Red Cross association and Victoria
		Hospital.
2023-2024	150 Units	Red Cross Society

Blood donation camp was organised by NSS and NCC volunteers. A total of 237 units of blood was donated. Event was organised with the assistance of Dr. Sanjay Mishra and Dr. Shishir Chinpuriya from Elgin Hospital and Government Medical College.



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2MP Girls BN NCC unit of St. Aloysius College Jabalpur organized a blood donation camp under the Mega Blood Donation campaign started by the collector of Jabalpur respected Dr. Illayaraja T under the supervision of our honorable MLA and the chairman, municipal corporation of Jabalpur. The blood donation camp was organized on the 7th of September 2022. NCC cadets donated blood with full enthusiasm and motivated their fellow mates, A total of <u>300 units of</u> <u>blood</u> were donated by the students from St. Aloysius college. All the donors were given a plant of Tulsi and certificated from the <u>Red Cross association and Victoria Hospital</u>.



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#### **Blood Donation Camp**

For this purpose, NCC Wing along with Red Cross Society organized a Blood Donation on 18<sup>th</sup> January 2024 where over 150 students donated blood.







#### **Free Medical Camp**

St. Aloysius College, ISR (Institutional Social Responsibility) team organized a free medical camp in village Pipariya Kala under the joint aegis of Mukti Foundation. It is noteworthy that Pipariya Kala village has been selected by the college under Unnat Bharat Abhiyan. Under this medical camp, all the villagers were checked for blood pressure, blood sugar, fever, cough, cold and proper counseling was provided to the patients. Medicines were also distributed to them, free of cost. In this camp, about 48 people got registered and got their treatment. This camp was organized under the able guidance and leadership of the Principal of the college, Rev. Dr. Valan Arasu. In this programme special contribution was provided by Dr. Vivek Jain, Dr. Rishab Upadhyay (Mukti Foundation), Ms. Mala Das and Dr. Runa Paul.

Outcome: Raised awareness about health issues.





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#### Health Awareness Camp

The outreach activity had conducted on 07th October 2023 at Govt. High School Saliwada, village Saliwada (Jabalpur) by the Department of Education under the banner of Social Club of Education Department. The camp was held at the school premises. The main objectives of this progamme are to provide free Homeopathic medical checkup by Dr. Rajdeep Sonkar (M.D.) Pune and Dr. Govind Kant Potphode (M.S.) Jabalpur. The outcome of this Programme was to provide with access to basic healthcare services such as immunizations, deworming, and first aid for school students. The free health camp was a valuable experience for the students, the B.Ed. students and the school community as a whole.

The learning outcomes of the Programme were as follows:

- Students received free health checkups and screenings
- Students were educated about preventive healthcare
- Students received access to basic healthcare services
- B.Ed. students gained many social values like to serve the society, cooperation, coordination and team work.
- The school community benefited from the camp The free health camp was a success and has the potential to make a positive impact on the health of the students and the community as a whole.



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# Health Awareness Camp

Under the banner of Aloysian Zoological Society on 24th August 2019, faculty members and P.G Zoology students organized a Health Awareness Camp on "Hemoglobin status of students" to create awareness among the school students at Seth Nathumal Jain Trust Girls H.S. School, Gorakhpur, Jabalpur. During the health camp hemoglobin percentage of 66 girl students were checked.

Outcome: Create awareness among the school students about Hemoglobin.







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#### Health Awareness Program on Women Issues

On the occasion of International Women's Day, the Women Cell and Department of Economics of St. Aloysius College, in collaboration with the Ahamikshana Foundation, organized a impactful Health Awareness Program focusing on women's issues on 9<sup>th</sup> March, 2024. Ms. Shreya Kulhara, Founder of Ahamikshana Foundation, delivered an enlightening talk on Women Health Issues. The program, spearheaded by teachers Dr. Anthonima Robin (In charge of Women Cell), Dr. Archana Pasari and Ms. Yashica Choudhary, received support from dedicated student volunteers including Anushree Soni, Aditi Agarwal, Simran, Anushka Soni and Malvika Agrawal. With a focus on women's health, the event successfully educated and benefitted 156 individuals, showcasing the collective commitment of the college and Ahamikshana Foundation towards promoting well-being and addressing women's issues.

Outcome: to impart knowledge and create awareness about health and hygiene.



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#### **Health Awareness Programme**

Health Awareness Program on "Health & Hygiene" was organized by Women Cell, St. Aloysius College (Autonomous), Jabalpur, M.P. on 12<sup>th</sup> October, 2021. The objective of the program was to impart knowledge and create awareness about health and hygiene during this pandemic time. The Guest Speakers were Dr. Anushree Jamdar, Joint MD and CEO, Jamdar Group of Hospitals, Jabalpur, Yoga Acharya Mr. Rahul Awasthi, and Program coordinators Mr. Amit Pandey, Mr. Nitesh Pandey.





# Lecture on Health Issue

NSS organised a lecture on Nutritional diet by Dr. Anjali Diwan on 21st September 2019, 90 students benefited.





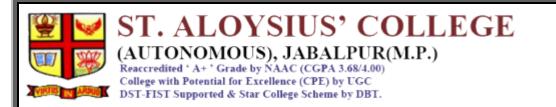
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# Awareness Programme on AIDS.

World AIDS day organised on 1st December 2019 by NSS.



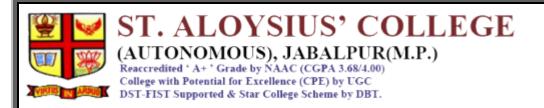


### **Awareness Programme of World AIDS Day**

Red Ribbon Club organised AIDS awareness programme and Debate Competition at Khalsa Senior Secondary School, Cantt, Jabalpur on 21st September 2019.







#### **AIDS Awareness Programme**

Red Ribbon Club in collaboration with Department of Zoology and Department of Education organized AIDS Awareness Programme on 1 December 2021. Extempore and Street Play were conducted on this event.





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#### **AIDS Awareness Programme**

Department of Zoology and Red Ribbon Club, Department of Education organised a Road Show, Nukkad Natak to aware the people about AIDS on 1 st December 2022 in under Madhya Pradesh State AIDS control society Bhopal.





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### **AIDS Awareness Programme**

With the aim to encourage everyone to eliminate the disparities and inequities that create barriers to Human Immunodeficiency Virus (HIV) testing, prevention, and access to HIV care, SAC organized a guest lecture on World's AIDS Day on this years's theme "Let Communities Lead". While interacting with the students, *Dr. Raza Kehkashan*, Obstetrician And Gynaecologist said that Acquired Immuno deficiency Syndrome (AIDS) is one of the deadliest pandemics in history. India has about 2.47 Million people living with HIV and approx 66000 news cases recorded last year. Today, there are laws protecting those living with HIV, there have been scientific improvements in HIV therapy, and we know a lot more about the disease.





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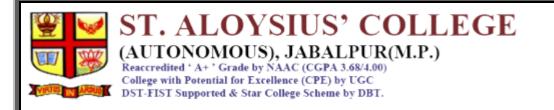




#### Awareness Programme for COVID

The NSS unit of the college organized an awareness programme for COVID precaution. 25 students participated in this programme. The students performed dances and songs to aware the public.





#### **Vaccination for Polio Drops**

NSS Volunteers of the College help to Vaccination for Polio Drops in Sadar Area with the help of Aganbadi workers on 2 February 2021.15 volunteers participated in the programme.

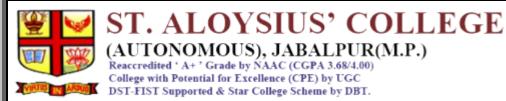




# **Vaccination Camp**

NCC Platoons organized Vaccination Camp for Covid-19 on 3 September 2021. This vaccination camp was organized for the persons aged 18 years and above 108 people college students and staff member were benefitted.





#### Nasha Mukti

NSS Unit organized an Oath Taking Ceremony for Nasha Mukti on 4 October 2021. And also conduct Essay Competition on Nasha Mukti on 7 October 2021.







#### **Cancer Awareness Programme**

Department of Zoology in collaboration with Red Ribbon Club organized Cancer Awareness Program in Vidya Bharati Saraswati Shishu Mandir School, Garha Jabalpur on 7 February 2022. 150 students were the beneficiaries.







#### Workshop on Sanitizer Making

Women cell organized two days' workshop on "Sanitizer Making" in the collaboration of Chemistry Department for the Girls students from 15 November to 16 November 2021. The main objective of the programme was to make aware of the students about COVID-19 causes and effect. Total 17 students were benefitted by the Workshop.



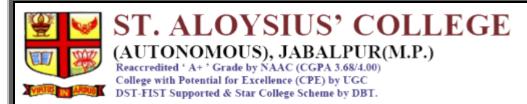




#### **Vaccination Camp**

Under the banner of Women Cell in collaboration with NSS organized Vaccination Camp on 12th July, 2022. The main objective of this Camp was due to which the people who have not been vaccinated were given a chance to get vaccinated. 71 students of the college were vaccinated.





#### **Awareness Program on Sanitization**

The Women Cell was organized Awareness Program on Sanitization from 12th Oct. to 14th Oct. 2022. The objective of the program was to impart knowledge and create awareness about health and hygiene. This program was conducted for the teachers and girl's students in the institution.





#### Health Awareness Program on Women Issues

On the occasion of International Women's Day, the Women Cell and Department of Economics of St. Aloysius College, in collaboration with the Ahamikshana Foundation, organized a impactful Health Awareness Program focusing on women's issues on 9th March, 2024. Ms. Shreya Kulhara, Founder of Ahamikshana Foundation, delivered an enlightening talk on Women Health Issues. The program, spearheaded by teachers Dr. Anthonima Robin (In charge of Women Cell), Dr. Archana Pasari and Ms. Yashica Choudhary, received support from dedicated student volunteers including Anushree Soni, Aditi Agarwal, Simran, Anushka Soni and Malvika Agrawal. With a focus on women's health, the event successfully educated and benefitted 156 individuals, showcasing the collective commitment of the college and Ahamikshana Foundation towards promoting well-being and addressing women's issues.





#### Free Eye Checkup Camp

The Women Cell of St. Aloysius (Auto.) College, Jabalpur in collaboration with Nayan Sukh Optical, Jabalpur has organized Free Eye Checkup Camp on 20th January, 2024. The initiative aimed to provide essential eye care services and raise awareness about the importance of regular eye checkup for overall health and well-being. The event was led by Faraz Alam (Optometrist & camp organiser), Sheshdar Yadav (Sr. Optometrist), Priya Chauhan (Optometrist) and Sujay Neekhare (EWC) from the Nayan Sukh Organisation. The event supported by Students volunteers including Anushree Soni, Aditi Agarwal, Anushka Soni, Malvika Agrawal and Simran. 270 Students were successfully benefited.





# **Talk on Eye Donation**

A talk on eye donation was organized at St. Aloysius College (Auto.), Jabalpur by the Women Cell on 27th August, from 8:15 am to 9:00 am. The gathering was addressed by Dr. Pawan Sthapak (Member of Indian Medical Association Madhya Pradesh, Jabalpur) and member of Dada Virendrapuriji Maharaj Netra Bank . The students were made aware about the conditions required for eye donation which is considered to be one of the noble acts after blood donation. He also informed the students that Dada Virendrapuriji Maharaj Netra Bank will be organizing Netradaan Jagrukta Rally on 1stSeptember, 2019. The talk was attended by more than 180 students.





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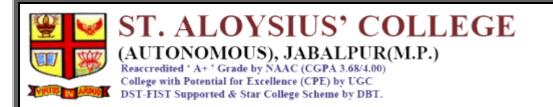


#### Rastriya Kramimukti Diwas

The Women Cell of St. Aloysius College, Jabalpur organized Rastriya kramimukti Diwas under the Office of Chief Medical and Health Office, Jabalpur on 12th to 15th September 2023. The purpose of this activity was to spread awareness among the girls' students about living a healthy life by taking proper nutrition's. Albendazole Chewable tablets that have been distributed among the girls students of all the classes. 2352 girls' students were benefitted by this program. The Guests were Dr. Rajesh Ahirwar MO Officer, UPHC, Kajarwara, Ms. Nisha Raphael, Nursing Officer, UPHC, Kajarwara, Mrs. Jayshree George, ANM, UPHC, Kajarwara.



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Guest lecture and Various competitions on the theme "HIV and TB (Remember and Be Committed)" which includes debates, slogan writing and poetry recitation on 20<sup>th</sup> January 2024





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